



Makin'

WAVES

Atonement Lutheran Church

2315 N. Coast Hwy - Newport, OR 97365

541.265.2554 - www.atonementlutheran.com

July 2013

Office Hours

10:00am – 3:00pm
Tuesday through Friday

Inside this issue:

Stewardship Report	2
From the Pastor	3
Good News	4
Family Ministry	5
Property	7
Library	8
Calendar	9
Social Ministry	11

*The Garage Sale Is Coming.....The
Garage Sale Is Coming.....Start
collecting your treasures to add to
the Garage Sale that is scheduled
for Saturday,
October 19th.*

Summer



Join us on the fourth Wednesday of this month July 24th, at 6:00pm for great summer BBQ fun. Good food, great fellowship, and lots of fun is in store. Mark your calendar and don't miss out.

Worship and Music

We are looking for a few members that would like to help with recording the Sunday services. It is planned that a CD copy would be mailed to members who are ill or unable to attend and to post the readings and sermon on the website.

If you are interested in helping, please contact:

Marian, Rhonda or Pastor Ed.

We at Atonement Lutheran Church reach out with the good news of God's love through Jesus Christ.

As Christ's ministry includes everyone, we, too, welcome persons of any ethnicity, gender identity, race, sexual orientation, marital status, age, economic situation, and physical or mental ability.

We celebrate the gifts each one brings to the life and ministry of this community of faith.





Strategic Planning and Stewardship

by Linda Kilbride



“Food and Faith

Did you notice the cover story in the June issue of The Lutheran magazine beginning on page 20? The photography alone is totally inviting. I began to reflect on the riches of my own life recently and will share with you here.

Robert C. Blezart offers us a Study Guide on page 26 of the magazine, which clearly led me to become more aware of the splendors of food and faith in our lives. I've taken the liberty to use his five exercises for this article but give it a local, more personal slant. I clearly give him credit for stimulating my thoughts and the Lord for leading me in the right direction as I reflect with gratitude.

The past few weeks have revolved around a focus on food, faith and family – and, NO, I didn't gain any weight with these experiences, though I expected that I would! “One does not live by bread alone,” Jesus said in Mathew 4:4. The experiences shared around the table, in the garden, or through our travels are truly a blessing to me.

Exercise 1: Feed the hungry

As Lutherans we are well aware of our spectacular potlucks and summer BBQs. These social occasions are the source of some of our fondest memories with our church family. They bring us together and cause us to pause with old friends and some we might not know so well. “All are welcome!” and you might have noticed the diversity of our guests continues to enrich our lives. Make the choice to greet someone new!

Exercise 2: Think globally, eat locally

Last winter I read a little book on living off

the land and within each season. I've tried my best not to buy fruits and vegetables out of season and to let my anticipation build for the season when they become available again. A recent trip to eastern Washington took us through the most spectacular country – wheat and corn fields, fruit orchards, dairy and beef country. What a difference irrigation has made to that dry land – Praise the Lord! Tis the season!

Exercise 3: Keep a 'food diary'

My food diary would include the foods we should be eating however in Exercise 5, you'll see what a challenge this has become. I have begun limiting quantities (again), reading nutritional data on each package and have concentrated more on fruits and vegetables, and tried to limit calories, fats, sugar and salt. No, I haven't written this in my diary, but what a good idea!

Exercise 4: Food spending

Our community garden in our Atonement backyard will help supply Food Share. I stepped up to take the challenge of planting a plot of cabbage, brussel sprouts, bok choy, broccoli and cauliflower. While I was weeding one afternoon, a neighbor lady surprised me as she crept close, quiet as a mouse. We had a delightful visit about traditions in her homeland where vegetables were so expensive they couldn't afford to buy them – her family grew their own to round out their diet of fish and rice. Food Share will be grateful for the

(continued on page 4)



From the Pastor ...



Pastor Ed Milliken

Dear Friends in Christ,
Although the thermometer doesn't always agree, the calendar says that we are now in the season of summer. It is vacation time! That long awaited and much needed season of rest, renewal, and relaxation has finally come.

Speaking of rest...how much of it have you been doing lately? It seems that most people I have talked to lately are having a difficult time slowing down, quieting themselves, and entering into the rest that is so needful and necessary if we are to have healthy bodies, minds, and spirits. It appears that many of us are having a hard time turning off that little voice in our head that tells us: "Be responsible!" "Press on!" "Make things happen!" "Work harder and longer!" "There's a job to be done, so do it now!" "Don't put off until tomorrow what you can do today!" for "If you don't do it, it won't get done!"

We are a people who often take ourselves way too seriously and have a difficult time letting go and letting up. The results of this are all too clear in our society: anxiety, worry, burnout, fatigue, depression, and stress. Sound familiar? These are the all too common maladies of our time and all of us, to one degree or another, are affected by this disease. There is just too much to do and too little time to do it.

Well, if these stress inducing voices are doing their evil little number on you, let me add a few counter voices as an antidote:

"Cease striving (let go, relax!) and know that I am God" (Psalm 46:10)

"My soul waits (rests) in silence for God alone, for my hope is in him." (Psalm 62:5)

"Return to your rest, O my soul, for the Lord has dealt bountifully with you." (Psalm 116:7)

"Jesus said, 'Come with me by yourselves to a quiet place and get some rest.'" (Mark 6:31)

"Cast all your cares on him because he cares for you." (1 Peter 5:7)

"Come to me, all who are weary and heavy laden, and I will give you rest." (Matthew 11:28)

I suppose I could go on, but what the heck, I think I'll go and take a nap.

Pastor Ed Milliken





Stewardship . . . continued from page 2

produce from Atonement's garden, but the prize was mine with our conversation!

Exercise 5: Food, glorious food

Gatherings of family, kids and grandkids, long-lost cousins, friends and neighbors and several Atonement potlucks have kicked off the season in style! All events centered around food: ribs, brats, potato salad and watermelon for a loving visit with my oldest grandson and his wife; southern fried chicken, biscuits, watermelon salad, sliced ripe tomatoes, and yellow pudding cake at a family reunion/memorial gathering with cousins I hadn't seen in years; herbed burgers, "killer baked beans," veggie chili, fresh squeezed lemon aid and ice cream sundaes for a neighborhood potluck; and in season I shared my French Spring Soup with Herbed Bread at one of Atonement's potlucks .

Everything was collectively prepared and generously seasoned with all the love, hugs and sharing available! We have been so richly blessed!

Summer BBQ's start soon – won't you join us?



by Rhonda Harman

1. Terri Homer, one of our newest members has great, "good news"! She has just been accepted at Western Seminary in Portland, to earn her Master of Divinity. She is a physician recently retired from her 35 year practice as an anesthesiologist in the San Francisco Bay Area. She decided to settle in Yachats and join us in Newport as a member of Atonement Lutheran Church. Congratulations Terri!
2. Peace Village is happening again this year and we are so blessed to offer this one week day camp from July 29th to August 2nd!
3. Thank you to all the volunteers and participants from Atonement and our community that helped to make the Samaritan House benefit very successful, again this year. The "Gala Dinner" on Saturday and "Garden Tour" on Sunday, June 23rd grossed about \$17,000.00! The volunteers include; Sally Jennings, Jean and Paul Amundson, Carla and Reuben Johnsen, John Stern, Taylor and Tami Johnson, Dolores Bennett, and Rhonda Harman. Several additional members attended the events that weekend.



Theme
"God's
work our
hands"

ELCA's 25th Anniversary on September 08th this year.

What better way to do God's work and bring more souls to God's House of worship right here! Our kids have wanted a shirt that says, "I belong to Atonement Lutheran".

I would like to see everyone order a shirt to show our team spirit and wear it in our community and especially on this special anniversary Sunday September 08. I will be taking orders during the next few weeks. We need to get the order in asap. It will then take three weeks for them to custom screen the back; "Atonement Lutheran, Newport Oregon".

All sizes of youth small through adult XL will cost \$6.50 each. There would be an additional charge for XX; XXX; and XXXX sizes as needed. A minimum order is required of 10 shirts and I know we will easily do this.

This information is from the ELCA web page (www.elca.org/25):

"We are a church that rolls up our sleeves and gets to work. On September 8, 2013 let's join together as 4 million members, nearly 10,000 congregations, 65 synods and the church wide expression for a dedicated day of service.

Let's clean up neighborhoods, deliver meals, collect supplies for refugees overseas, visit our

neighbors or help a child learn to read.

You work every day to welcome your neighbors and make your community a better place. Now **let's do it together as one body,** using our hands to do God's work of restoring and reconciling communities in Jesus Christ's name throughout the world."



*Rhonda Harman
Director of
Family
Ministry*



We have a sign up sheet in progress on the round tables for Sundays and bulletin board other days.



Family Ministry News... *Rhonda Harman*

Sunday Shepherd Volunteers

Name: _____

Yes	I can help! Do what?	Yes	I have skills/interests in these areas and want to use my gifts to help in family ministry.
	Make posters/bulletin boards		Art
	Decorate rooms		Bulletin Boards
	Paint rooms/hall		Cooking
	Prepare resources		Drama
	Make telephone calls		Games
	Be a Sunday Servant Shepherd		Gardenina
	Nursery (Age 5 & under)		Music
	Grade School		Movies for viewing
	Middle School/Jr. Hiah		Peace makina acuities
	Every week		Puppets
	Every other week		Storytelling
	Once a month		Ecological/forestry/nature
	Make Communion bread w/kids		
	Make snacks		
	Other		

Comments: _____





Property Committee ... by Marian Brown

Update

The property committee is working on improving the appearance of the berms and making the entrances easier to see and enter. Currently the height of the heather and the taller plantings on the berm create a safety issue when entering or leaving the parking area. Several discussions have taken place and the committee is currently seeking information and bids from landscapers in the area. The committee will work diligently to keep you, the congregation informed and welcomes suggestions.

There will be an all congregation work party on Saturday, July 6th, from 9-12

and weeding the berm is high on the list of tasks to accomplish. It is always our goal to create a welcoming and attractive view to those that pass Atonement on the highway or enter our parking lot to participate in congregational activities. Plan to join the fun as we weed the grounds and feed our souls with donuts and coffee break conversation.

If you need further information or have questions please talk with one of the committee members: Bob Olson, Dan Roumagoux, Pete Kraack, Shannon White, MaryLou Mate, Marian Brown and Pastor Ed.



LOOKING FOR A FEW GOOD MEN! WHAT??

Okay, we are looking for a bunch of good men and women who like to paint.

Our lower level is in need of a face lift. This area (fellowship hall, hallway and lower meeting room) need their walls painted. Would you consider helping?

The project is scheduled:
 August 4 (Sunday afternoon..TBA)
 August 5 (MondayTBA)
 August 6 (Tuesday....TBA)

More info later but if you have questions contact your property committee: Pete Kraack, Marian Brown, Dan Roumagoux, Pastor Ed, Mary Lou Mate, Shannon White, and Bob Olson.



Library Committee... by Jerryann Olson

Book Review: A Journey of Grace—The Formation of a Leader and a Church by Herbert W. Chilstrom

The author's name is familiar to many of us and especially to one of our members Carlton Olson, who was the first pastor of Atonement. Herb Chilstrom and Carlton were classmates at Luther Seminary in St. Paul, Minnesota, graduating in 1958. After seminary both were pastors in towns not far apart in Minnesota. Chilstrom served in Pelican-Rapids at Carlton's home church.

Through the years they have kept in contact with each other. Chilstrom was a parish pastor for several years prior to becoming a synod bishop. He rose through the ranks of ministerial roles characterized by his compassion and leadership skills. His name surfaced as a potential candidate for the office of Bishop in the merger of the 3 Lutheran church bodies in 1987. He was elected and comments how surprised he was when his suggestion for the name of the new church body was accepted--the Evangelical Lutheran Church in America--which Atonement is part of today.

"A Journey of Grace" traces Chilstrom's life based on his notes and correspond-

ence, which he quotes often. His wife, Corinne also became a pastor and was a much sought after speaker. Bishop Chilstrom traveled extensively including internationally for the ELCA . As Bishop he led discussions on numerous controversial issues with in the church which he outlines in detail in his book. With honesty and humility he discusses difficult personal topics that included his health concerns, the trauma of the death of their son Andrew and the influence of his developmentally-challenged brother on his life.

After completing 2 terms as Bishop of the ELCA in 1995, Chilstrom and his wife retired to their lake home in Minnesota. Eventually they moved to Green Valley, Arizona where they belong to Desert Hills Lutheran Church. Another small world connection--this is the same church that recent Atonement members Sonja & Ken Wiley now attend.

This autobiography gives a thorough background of the formation of the ELCA through the words of its first Bishop.



Thank you for your continued support of Dine Out!
Dine out is on hiatus for July thru August

Samaritan House
Rose Davis
Volunteer



July



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 1:00pm Prayer Group 6:00pm Parish Life/Outreach	2 2:00pm Staff Mtg	3 8:00am Men's Bible Study Breakfast at Fish Tails	4 <i>Independent Day</i>	5 12:00pm 1st Friday Lunch at Agate Beach Golf Course	6 8:00-11:30 am Weight Watchers Mtg (FH) 8-12:00pm Outside Work Party
7 8:00am Worship 9—2pm Blood Pressure 11:00am Worship	8 1:00pm Prayer Group 7:00pm Property	9 2:00pm Staff Mtg 5:30pm Social Ministry 7:30pm Chancel Choir	10 8:00am Men's Bible Study Breakfast at Fish Tails 4:00pm Finance 6:15pm HMT	11 11-4:00pm OCQG (FH)	12	13 8:00-11:30 am Weight Watchers Mtg (FH)
14 8:00am Worship 11:00am Worship	15 9:30am Library Committee 1:00pm Prayer Group	16 2:00pm Staff Mtg 7:30pm Chancel Choir	17 8:00am Men's Bible Study Breakfast at Fish Tails 2:00pm Altar Guild 7:00pm Council		19	20 8:00-11:30 am Weight Watchers Mtg (FH)
21 8:00am Worship 11:00am Worship	22 1:00pm Prayer Group 5:00pm Stone Soup at St Stephens	23 WAVES Deadline 2:00pm Staff Mtg	24 8:00am Men's Bible Study Breakfast at Fish Tails 6:00pm BBQ	25	26 1:30pm ICPJ (LMR)	27 8:00-11:30 am Weight Watchers Mtg (FH)
28 8:00am Worship 11:00am Worship	29 1:00pm Prayer Group 5:00pm OCQG Quilt Judging (FH)	30 8-5:00pm OCQG Quilt Judging (FH) 2:00pm Staff Mtg	31 8:00am Men's Bible Study Breakfast at Fish Tails 8-5:00pm OCQG Quilt Judging (FH)	<i>Bioterrorism/Disaster Education Awareness</i>	<i>Family Reunion Month</i>	





Worship Page

Worship

Readers

Altar Guild

Musicians

7	8:00 a.m. 11:00 a.m.	Carla Johnsen _____	Mary Lou Mate Lucy Milliken	Marian Brown Marian Brown
14	8:00 a.m. 11:00 a.m.	_____ Terri Homer	Marian Brown Dolores Bennett	Jerryann Olson Jerryann Olson
21	8:00 a.m. 11:00 a.m.	_____ _____	Marion Brown Marion Brown	Caro Somers Caro Somers
28	8:00 a.m. 11:00 a.m.	_____ _____	Mary Lou Mate Alice McClellan	Tami Johnson Tami Johnson



© Prawny * www.ClipartOf.com/56674



Odessa Goudy	7/6	Joan Rolph	7/20
Daniel Nelson	7/6	Anne Strangeland	7/21
Nester Tan	7/8	Marian Brown	7/23
James Hungerford	7/11	Carla Johnsen	7/24
Lillian Ott	7/15	Dana Fleck	7/26
Corinne Johnson	7/17	Lois Tyler	7/26
Lin Lindy	7/20	Jean Amundson	7/28

7	Jim & Tecia Ezzell in honor of Samantha
14	Jim Hungerford Birthday
21	Donna White Mother's Birthday
28	Chuck & Lynn Moody 29th Anniversary

7	Paul Stangeland & Bob Olson
14	Bob Olson & Linda Kilbride
21	Linda Kilbride & E J Warren
28	E J Warren & Reg Greenwood



7	Steve & Karen Nelson
25	Lester & Marilyn Day
29	Chuck & Lynn Moody



Social Ministry Committee

Food for Food Share Program

by Terri McCulley



for all the support we have received for this program.

Anything is welcome and helpful, but this month we will focus on **Canned Fruit** to try to "fill the barrel" again.

There are many hungry people and children in Lincoln County that need our help. Please, place your donations in the barrel in the Narthex and someone from the Newport food pantry will pick it up.

Family Ministry

Notes from Rhonda Harman



- ◆ Peace Village is coming July 29th to August 2nd and will be held again at First Presbyterian Church. Kids, age 6 to 13 are encouraged to take part in this fantastic day camp. The daily program is 9 to 3:30 pm and will include, peace heroes, peace themed; arts, crafts and music; conflict resolution; media literacy; multicultural speakers; body/mind awareness; nature studies.

We also need volunteers; teen (15-19 years) and adult volunteers! Thank you for sharing your time and gifts! See me and/or go online to read about Peace Village at www.peacevillageinc.org. for more information.

- ◆ IGA Activity: Camp Lutherwood Fourth of July celebration will be July 6th and will include a barbecue lunch, pool, softball games, carnival and fireworks. Donations are accepted. Overnight camping may be reserved by registering for Family Camp 1, www.lutherwoodoregon.org. or RSVP to 541.998.6444.

Camp Lutherwood is south on 101 and east towards Eugene.

- ◆ We have a sign up sheet in progress on the round tables for Sundays and bulletin board other days:
 1. Kayak trips are all 8 to 12pm on Saturday this year. Arranged through South Beach State Park with our special guide and member, Barry McPherson. Sign up ASAP to get a spot. I will call you with available dates.



ATONEMENT LUTHERAN CHURCH
2315 NORTH COAST HIGHWAY
NEWPORT OR 97365-1710

Phone: 541-265-2554
Fax: 541-265-2571
Email: Office@atonementlutheran.com

Return Services Requested



Reaching Out with God's Love

Reminder...



Food Pantry



Summer





Outreach Committee... by Paul Amundson







**ATONEMENT LUTHERAN CHURCH
2315 NORTH COAST HIGHWAY
NEWPORT OR 97365-1710**

Phone: 541-265-2554
Fax: 541-265-2571
Email: Office@atonementlutheran.com

Return Services Requested

**Non-Profit Org.
U.S. Postage
PAID
Permit No. 35**



Reaching Out with God's Love
