



Makin'

WAVES

Atonement Lutheran Church

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March 2019

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Office Hours

10:00am - 3:00pm
Tuesday thru Friday



Midweek Lenten Services ... by Pastor Ed

The Seven Last Words from the Cross



Join us this year for our mid-week Lenten services which will focus on the traditional "Seven Last Words" which Jesus spoke from the cross. The seven last words are gathered from the accounts of Good Friday in all four gospels. They provide us an opportunity to focus on the cross and how the gospel writers understood what was happening there.



March 6th - Ash Wednesday - "Father, forgive them." (Services at 12:00pm and 7:00pm including the Imposition of Ashes and Holy Communion)

**The following services are at 7:00pm and will feature Holden Evening Prayer.*



Soup and bread suppers precede these services at 6:00pm. Please sign up in the Narthex if you can provide soup and/or bread.

- *March 13th - "Today you will be with me in paradise."
- *March 20th - "Woman, behold your son...Behold your mother."
- *March 27th - "My God, my God, why have you forsaken me?"
- *April 3rd - "I am thirsty."
- *April 10th - "It is finished."

We at Atonement Lutheran Church reach out with the good news of God's love through Jesus Christ.

As Christ's ministry includes everyone, we, too, welcome persons of any ethnicity, gender identity, race, sexual orientation, marital status, age, economic situation, and physical or mental ability.

We celebrate the gifts each one brings to the life and ministry of this community of faith.



Have you remembered Atonement Lutheran Church in your Will or Estate Plan? This is a good time to consider this, as you review your finances for the tax man!



Income/Expense Snapshot ... ALC ~ January 2019

General Fund

	Current Year		Previous Year	
	<u>Actual</u>	<u>Budget</u>	<u>Actual</u>	<u>Budget</u>
INCOME				
Members Offerings	\$24,099	\$195,152	\$16,554	\$190,658
Grants	\$222	\$2,500	\$213	\$2,500
Room Rents	\$1,080	\$8,500	\$1,926	\$9,000
Transfer from Capital Fund	\$0	\$24,000	\$0	\$24,000
Total Income	\$25,401	\$230,152	\$18,693	\$226,158
EXPENSES				
Pastoral Compensation	\$6,362	\$80,096	\$6,362	\$76,282
Pastoral Benefits	\$2,393	\$30,440	\$2,558	\$33,726
Pastoral Expenses	\$112	\$3,550	\$102	\$3,450
Staff Compensation	\$2,112	\$29,777	\$2,031	\$28,000
Staff Payroll Cost	\$234	\$4,500	\$605	\$6,000
Worship & Music	\$87	\$4,400	\$590	\$5,700
Education	\$41	\$900	\$83	\$900
Youth	\$0	\$600	\$0	\$350
Outreach/Hospitality	\$119	\$1,500	\$119	\$1,500
Social Ministry	\$0	\$3,400	\$150	\$2,300
Stewardship	\$0	\$1,050	\$0	\$1,425
Health Ministry	\$0	\$600	\$0	\$600
ELCA Mission Support	\$1,100	\$8,000	\$500	\$6,500
Parish Life	\$162	\$1,725	\$168	\$1,800
General/Administrative	\$2,072	\$12,175	\$999	\$12,050
Facility Maintenance	\$1,972	\$24,089	\$2,173	\$23,075
Utilities	\$851	\$12,850	\$1,025	\$12,500
Insurance	\$893	\$10,500	\$834	\$10,000
Total Expense	\$18,510	\$230,152	\$18,299	\$226,158
INCOME LESS EXPENSE	\$6,891	\$0	\$394	\$0

Endowment Account

	<u>Monthly Activity</u>	<u>Investment Account</u>	<u>General Endow</u>	<u>Scholarship</u>	<u>Memorial Gardens</u>	<u>Organ Upkeep</u>
Balance @ 1/01/2019		\$83,832	\$32,986	\$25,610	\$9,070	\$16,166
Jan	\$3,735	\$3,735	\$1,494	\$1,120	\$374	\$747
Balance @ 1/31/2019		\$87,567	\$34,480	\$26,730	\$9,444	\$16,913

Capital Fund

BANK ACCT BALANCE @ 1/1/2019	-	\$106,222
INCOME	\$9,410	
EXPENSES		\$6,338
BALANCE @ 1/31/2019		\$109,295



Prayer & Bible Study

Please join us on Mondays each week for prayer /meditation and bible study. 5:30-7:00pm in Narthex. You are welcome to join us.



From the Pastor ... Pastor Ed Milliken



Dear Friends in Christ,

"Return to the Lord your God, for he is gracious and merciful, slow to anger, and abounding in steadfast love." Those words are often used during the season of Lent to greet the reading of the gospel during Sunday worship. With these words, the people of God prepare to be attentive to the Word which God brings, and they remind us that there is something different about these days. It is Lent. The "Alleluia" which is normally sung is put away for this season and God's people have embarked on a 40 day path of return.

Repentance, turn, return – in Hebrew all three of these words have a common root: *teshuvah*, *lashuv*, and *shuvah*. This Hebrew word "shuv" means to turn around, to return, to be converted in the sense of a change of behavior, and a return to the living God. The call of Lent is to turn away from those things that usually occupy our attention (*lay not up for yourselves treasures on earth*), and to move in another direction: to return to the Lord our God who is rich in grace and mercy.

The season of Lent begins on Ash Wednesday (March 6) and the solemn words: "Remember that you are dust, and to dust you shall return." The sign of the ashes has a long history among God's people. They are a sign of mourning for sin (sackcloth and ashes); they are a sign of humility; they are a reminder that we

are mere mortals and will one day return to the earth from which we were made; they are a sign of cleansing as they can also be used as an ingredient in soap; and they are a sign of ending, of death, which is, of course, a prerequisite for resurrection and new life.

Lent is also a time when the people of God attend in a special way to confession – a conscious, voluntary examination and exclamation of the many ways in which we have separated ourselves from God, from God's will, and from one another. We remember that we are all prodigal sons and daughters, that we are selfish and self-centered, always focused primarily on ourselves; that our lives are full of waste: wasted life, wasted gifts, wasted relationships, wasted treasure.

In Greek, the word for "repent" is *metanoia* which also means to turn around and go in a different direction. And so, for forty days we repent of our sinfulness. We are given the gift of this forty days to turn our lives around and to return to our God. And, when we do, we find that our God is there with open arms of love and forgiveness to welcome his prodigal children home.

So Lent is also a time to remember God's gifts, God's promises, God's grace and mercy and love for sinful people like us. We return to the Lord our God for we know that this is the only place where we will find those precious gifts given freely. "Lord to whom shall we go? You have the words of eternal life.

Pastor Ed Milliken



The Ties That Bind ... Mary Lou Mate

Our Quilter group next meeting will be Monday, March 4th from 9:30am—11:30am. We will continue to meet on the first Monday of each month in the Fellowship Hall.



Adult Forum News ... by Pastor Ed



Down + Out: Where Grace Takes You

Five hundred years ago, a little known German monk discovered in Scripture two simple ideas so scandalous that they set Europe aflame for centuries. The church would never be the same.

But now, God's people are rediscovering what Martin Luther uncovered five centuries ago. And those two simple ideas, justification and vocation, so evident throughout Scripture, are the foundation of the Christian life.

In our congregations, in our communities, in our families, and in our work lives, grace takes us out into God's world, confident in God's promises. We are sent out of our churches, to love and obey, to co-create with God on behalf of others, for the sake of the world.

Down and out: it's the life God gives us, the life to which God calls us. Join us at 9:30am each Sunday as this course reintroduces us to the life changing reality of God's promises, and points the way to a completely different view of life in the light of where grace takes us.

March 3rd – Episode 1: Up/Down

March 10th – Episode 2: In/Out

March 17th – **Keith and Kathy**

Swenson: "Love After Loss"

March 24th – Episode 3: Wanna/Gotta

March 31st – NO ADULT FORUM

April 7th – Episode 4: Creature/Creators

April 14th – Episode 5: Self/Others

April 21st – Episode 6: Spirit/Flesh



Love After Loss ... by Pastor Ed

Love After Loss offers encouragement, perspective, and guidance to anyone who hopes to find romance and companionship after the death or loss of a spouse. When one is in their darkest days of grief, it does not seem possible that happiness will ever return. For many, the notion of finding love again seems hopeless. Keith and Kathy Swenson have walked this path and ultimately found greater fulfillment than they ever could have imagined. Both had been married for fifty years, and both worked tirelessly as caregivers for their terminally ill spouses.

After the deaths of their spouses, Keith and Kathy mourned what they had lost while adjusting to their new lives as single people. In time, their friendship grew into a companionship that has come to define an entirely new stage in their lives. Throughout his career, Keith has counseled thousands of couples through marriage, grieving, and re-pairing. In this book, you too can learn from the Swensons' experiences and insights. If you or someone you love have lost a spouse and wish to enter into a new relationship, this book can help you can take your first step towards a new life of love and understanding.

Join Pastor Keith and Kathy on Sunday, March 17th as they share their insights with us during the adult forum hour, 9:30-10:30am.

See Book Review on Page 8



WELCA News ... by Pastor Ed & Jean Amundson



Meetings with Jesus – The Gospel of John

Join the WELCA group this month as they continue a study centered in the Gospel of John. The author writes: *Throughout John's Gospel, Jesus engages people in honest and sometimes difficult conversations that lead to faith, renewal and transformation. Over the course of this four-session study we will meet Jesus through his interactions with various characters within the gospel. Their conversations beckon us to explore and grow in faith.*

The author Rev. Julie A. Kanarr serves as pastor of Christ Lutheran Church in Belfair, Washington. An avid outdoorsperson, she enjoys sea kayaking, bicycling, hiking and camping.

March's Session: Friends for Life in Christ

In this session, we meet a woman caught in adultery, a man born blind, and Jesus' friends Mary, Martha, and Lazarus. Through their stories, we come to see how Jesus meets us with mercy, healing, and hope in the face of judgment, rejection, and grief. We share in Jesus' final conversation with his disciples before his arrest, where he shows us his love and prays for us.

The "Gather" magazine states, "What is the Gospel's purpose in telling the story this way?" Our goal is to make connections with our own lives, meeting Jesus ourselves through his encounters with the people in John's Gospel.

The study guide is in the WELCA magazine. Copies will also be available at the meeting. Join us at 12:30pm on March 20th, and invite a friend to share the yummy dessert and this special Bible study.



St Patrick Says, "Join Me for Dinner" ... by Jean Amundson

The Parish Life Committee invites you to a St Patrick's Day dinner on Sunday, March 17th, at 12:30pm. Our aim is to raise funds for Randy's Feed and Read, so a suggested donation is \$10 per person. We'll be serving corned beef and cabbage, potatoes, salad, and a yummy cake.

There will also be a silent auction—if you're a crafter/artist/photographer, could you donate an item for the auction?

Let Jean Amundson know.

Our Randy's Feed and Read numbers have been growing, so the dinner will be a good way to raise additional funding. Mark the date on your calendar and invite your friends and neighbors to come, too. Good food and good fellowship are on the way!



Property Committee ... by Marian Brown &



Room Rental: Our church facilities/rooms on the lower level are available for rent...short term events (parties, meetings, weddings) or long term (weekly or monthly) if needed. Please, check with our office for available dates and time.

Phone# 541-265-2554

E-mail: office@atonementlutheran.com



Work Party... Save the Date

April 6, 2019 9:00am to Noon

The property committee is having a work party to get our church ready for Easter Festivities. We have projects for inside as well as outside. More information coming soon.



Readers and Worship Recorders... We have several openings in March and April. Signup Sheets located on Bulletin Board in Narthex.

Monthly Setup/Cleanup/Snacks... Please sign up on any open dates. Signup Sheets located on Bulletin Board next to Kitchen

A great thanks to all who volunteer their time in participating in our Sunday service.



Audio on Line

We have added audio recordings of our worship services on our website www.atonementlutheran.com. Just click on Worship Services in the heading bar and services will be listed by date, the description of the gospel for Sunday Services (highlighted in blue) and the title of Sermon.



"The Chowder Bowl in Nye Beach will host Dine Out for Samaritan House, Wednesday, March 6, 2019, generously **donating 50%** of proceeds to the homeless family shelter."

Thanks for your continued support of our homeless families.

Rose Davies, Volunteer





Library Committee ... by Susan Painter



Love after Loss by Keith M. Swenson and Kathy Eggleston Swenson

Pastor Keith and his wife, Kathy, have crafted a small volume of encouragement, insight and guidance for those embarking on a new relationship after losing a spouse to death or divorce. Drawing on their personal experiences as well as Pastor Keith's many years of counseling thousands of people through these events, the couple seeks in the book "to give confidence and encouragement to newly 're-singled' adults... to feel comfortable in seeking... to move forward.. to live life fully" and perhaps find a new relationship.

Kathy and Keith were happily married for over 50 years to spouses who died within a few years of each other.* As they shared their grief, their long-time friendship blossomed into love. When they settled into their new life as a married couple several years ago, they faced challenges very different from those experienced by newlyweds much younger and without a history of loss.

Chapters address, first, the relief and grief involved in care-giving followed by loss of a spouse: "death changes everything." Then, coming into a new life, other chapters discuss new decisions such as moving to a smaller house; new financial arrangements; and when/how to begin "dating" again. As a "repairing"

[or re-pairing, as Keith points out] may blossom, traditions, money and adult children may present obstacles adding stress to the new relationship.

Marriage vows typically include the phrase, "till death do us part;" after death, this offers freedom for the remaining spouse to seek a new partner. A grown child does not receive the same freedom: the loss of a mother or father does not mean a chance to seek a new parent. That relationship endures. But the child faces grief, not just for the loss of the parent, but also for the loss of the life that was. Such sadness can become resistance or even outright hostility as the parent begins a new relationship.

Likewise, financial concerns may take curious turns: adult children resent seeing potential inheritance funds spent on "frivolities" as a newly re-coupled parent celebrates, travels or buys new things to share.

The book offers insights for all of us as we face issues presented by life after loss. Keith and Kathy will be with us at Atonement on St Patrick's Day to discuss the book **and answer questions.

They have pledged that proceeds from the publication will support Randy's Feed and Read, a program very dear to their hearts.



Library Sunday ... by Barbara Utterback

The library committee had a very successful Library Sunday last month on February 10th. Games and food were enjoyed by all. We would like to thank everyone who made donations and all of you who took part in this day.

We welcome anyone who would like to join our committee.

Please contact Barbara Utterback

In Appreciation ... by David & Donna Bowman



To "our" loving church family. Words are hard to come by, but we want you to know how much all the deeds, big and small have been so appreciated. We consider you all family and pray we can help you too!

God is good even in the midst of a hard time. He gives us loving friends to cushion the falls. Thank you, one and all for all the heartfelt generosity towards us. We knew at our first visit, that we were home. "Bless" you all, we thank the Lord for leading us to you.

P.S. David's knee surgery went well, and he is feeling better.



Social Ministry



Be Jeweled ... by Sally Jennings

This year, Be Jeweled will be held on Friday, April 5th, from 6:30pm until 8:30pm, and on Saturday, April 6th, from 9:00am until 3:00pm, with everything half price from 1:00 until 3:00pm. All proceeds go to Lincoln County Food Share.

There is still time to donate jewelry, beads, buttons, jewelry making supplies, watches and jewelry boxes to this year's event. Donations can be dropped off in the box in the Narthex.



Plastic Tubs Wanted ... by Sally Jennings

Social Ministry has an ongoing need for recycled plastic tubs with matching lids. We use pint and quart size containers to package leftovers to go at Stone Soup and Randy's Feed & Read. We also use large (ice cream bucket size) recycled containers to donate Stone Soup leftovers to Grace Wins Haven.

Please run your recycled containers through the dishwasher and put the lid back on before putting them in the tote in the Narthex. They need to be clean and ready to use.



Gift Cards ... This program provides an emergency meal for people who stop by our church and need help. *Many Thanks* for previous donation of food cards. It is greatly appreciated. If you still want to help, we could use food cards (\$5.00) from McDonald's, Burger King and Subway.

Please drop off gift cards at the office. Thank You!

(continued on page 11)



March 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Women's History Month</p>		<p><i>Daylight-Saving Time Begins</i></p>			<p>1 12:00pm World Day of Prayer</p>	<p>2 8:00-11:30am Weight Watchers Mtg (Ed Rm)</p>
<p>3 8:00am Worship 9:-10:30am Blood Pressure 9:30am Adult Forum 11:00am Worship / Sunday School 12:15pm Ed Mtg</p>	<p>4 Office Closed 9:30am Quilters 5:30pm Prayer/ Bible Study 6:30pm Parish Life</p>	<p>5 Pancake Day</p> <p>6:30pm Early Risers 7:30pm Chancel Choir</p>	<p>6 12:00pm & 7:00pm Ash Wednesday Service</p>	<p>7 8:00am Men's Bible Study Breakfast at Shilo Cafe</p>	<p>8 Int'l Women's Day</p>	<p>9 8:00-11:30am Weight Watchers Mtg (Ed Rm)</p>
<p>10 Daylight Savings Time</p> <p>8:00am Worship 9:30am Adult forum 11:00am Worship/ Sunday School</p>	<p>11 Office Closed 9:30am Property 5:30pm Prayer/ Bible Study</p>	<p>12 5:30pm Social Ministry Mtg 6:30pm Early Risers 7:30pm Chancel Choir</p>	<p>13 4:00pm Finance 5:30pm HMT 6:00pm Soup & Bread 7:00pm Lenten Svc</p>	<p>14 8:00am Men's Bible Study Breakfast at Pig N Pancake 11-5pm OCQG Mtg (FH)</p>	<p>15 Ides of March</p>	<p>16 8:00-11:30am Weight Watchers Mtg (Ed Rm)</p>
<p>17 8:00am Worship 9:30am Adult Forum 11:00am Worship / Sunday School 12:30pm St Patrick Day Dinner</p>	<p>18 Office Closed 5:30pm Prayer/ Bible Study</p>	<p>19 WAVES Deadline 6:30pm Early Risers 7:30pm Chancel Choir</p>	<p>20 12:30pm WELCA Int'l Earth Day</p> <p>6:00pm Soup & Bread 7:00pm Lenten Svc 7:30pm Council</p>	<p>21 8:00am Men's Bible Study Breakfast at Pig N Pancake</p>	<p>22 World Water Day</p>	<p>23 8:00-11:30am Weight Watchers Mtg ((Ed Rm) 8-5pm OCQG Workshop(FH)</p>
<p>24 8:00am Worship 9:30am Adult Forum 11:00am Worship/ Sunday School</p>	<p>25 Office Closed 5:00pm Stone Soup @ St Stephen's 5:30pm Prayer/ Bible Study</p>	<p>26 6:30pm Early Risers 7:30pm Chancel Choir</p>	<p>27 6:00pm Soup & Bread 7:00pm Lenten Svc</p>	<p>28 8:00am Men's Bible Study Breakfast at Pig N Pancake 5:00pm Randy's Feed & Read</p>	<p>29</p>	<p>30 8:00-11:30am Weight Watchers Mtg ((Ed Rm) Nat'l Doctor's Day</p>
<p>31 10:00am Worship</p>		<p>Eye Wellness Month</p>		<p>National Nutrition Month</p>		



Worship Page

Worship Readers Altar Guild Musicians Recorders

3	8:00 p.m. 11:00 a.m.	Jane Heida Dean Hill	Marian Brown Bette Harmon	Tami Johnson Tami Johnson	_____
10	8:00 a.m. 11:00 a.m.	_____ Darcy del la Rosa	Marian Brown Lois Greenwood	Jerryann Olson Jerryann Olsen	_____
17	8:00 a.m. 11:00 a.m.	Jean Amundson _____	Marian Brown Janice Delameter	Melodie Mckenzie Melodie McKenzie	_____
24	8:00 p.m. 11:00 p.m.	Joe Baumgarten Deb Adamson	Mary Lou Mate Bette Harmon	Marian Brown Marian Brown	Walt Duvall
31	10:00 a.m.	Rhonda Harman	Mary Lou Mate	Tami Johnson	Walt Duvall



		Norman Barker	3/23
Sarah Black	3/3	Vo Newell	3/25
Rocklynn Drake	3/3	Sabine Maresco	3/25
Ed Milliken	3/5	Tecia Ezzell	3/29
Jaya Lapham	3/7	Nicole Goebel	3/29
Terri McCulley	3/8		
Renee Andrews	3/10		
Carol Duvall	3/14		
Rhonda Harman	3/20		
Bennett Mann	3/21		
Michelle Johnson	3/22	5 Pete & Beverly Kraack	



3	Marian Brown (WDP)
10	Jane Heida
17	_____
24	Bonnie Powell
31	_____



3	Bob Olson & Steve Johnson
10	Steve Johnson & Pete Kraack
17	Pete Kraack & Paul Stangeland
24	Paul Stangeland & Walt Duvall
31	Walt Duvall & Bob Olsen

Social Ministry... continues



Food for Food Share Program ... by Terri McCulley



for all the support we have received for this program. Anything is welcome and helpful, but this month we will focus on: **Canned Meats**



Randy's Reed & Feed ... by Sally Jennings



Our March Randy's Feed & Read Family Night Out is on Thursday, March 28th. Help is always needed and welcome. We especially need volunteers to read with individual children from 6:30pm until 7:00pm. We also need volunteers to work in the kitchen after dinner, packaging up leftovers to go, serving dessert and cleaning up the kitchen. Donations of hygiene items, gently used books, and especially toothpaste and toothbrushes are always welcome.



Stone Soup ... by Sally Jennings

Team Atonement will be serving Stone Soup at St. Stephens Episcopal Church on Monday, March 25th. If you would like to help, please call or text Sally at 541-961-4508, or talk with her in person. It is much easier to plan how everyone can help, and not have too many people for too few jobs, or too few people doing too much work, if we know in advance who is planning on being part of this month's team.



Donations Needed for Easter Food Baskets... by Sally Jennings

We will once again be delivering Easter Food Baskets to families in need, on Good Friday, April 19th. Our goal is to provide the makings of an Easter dinner, plus some extra food, for each family that attends our Randy's Feed & Read program, as well as those who live at Samaritan House. Shopping lists are on the tables in the Narthex. Please put your purchases in the Easter Food Basket tub in the Narthex by April 18th. Cash donations are also needed in order to buy ham, rolls, eggs, butter, fresh vegetables and fruit. Please make your check out to Atonement Lutheran Church and designate "Easter Food Baskets" on the memo line.



Red Cross Blood Drive ... by Terri McCully

We had one of the most successful blood drives last month. We were able to draw 36 units. Everyone enjoyed the goodies people dropped off.

Thank you one and all!

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NEWPORT OR 97365-1710

Phone: 541-265-2554
Fax: 541-265-2571
Email: Office@atonementlutheran.com

Return Services Requested



Reaching Out with God's

Reminder...



Sunday, March 10th



Food Pantry

Fill our Food Barrel
This Month:
Cereals