



Makin'

# WAVES

Atonement Lutheran Church

2315 N. Coast Hwy - Newport, OR 97365  
541.265.2554 - [www.atonementlutheran.com](http://www.atonementlutheran.com)

June 2015



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## Office Hours

10:00am - 3:00pm  
Tuesday thru Friday



## Relay for Life Team . . . by Julieann Johnson

Howdy Atonement!

In case you didn't see the last WAVES, the Atonement Lutheran Church has put together our first Relay for Life team (Team Atonement). This announcement is to let people know about a couple of upcoming fundraisers and that we are looking for any volunteers who would like to help with any of them, walk at the Relay, or both! Let Tecia Ezzell or Tami Johnson know how you would like to contribute and they will work with you.

Our Relay for Life (RFL) committee is putting together a series of fundraisers. The first car wash was held on May 24<sup>th</sup> in the Atonement parking lot. Others will be scheduled for future dates.

Also, there are luminarias available for \$10 (or more if you choose). Luminarias are beautiful memorial decorations that line the track during the Relay. They can be made in honor of a survivor or in memory of someone who has passed from cancer. For \$10, your luminaria package includes a white paper bag for you to decorate, a flameless candle, and a can of food to ground the luminaria and for later donation.

Please continue to bring in your recyclable cans and bottles for the barrel by the east door in the Narthex.

Keep an eye on the WAVES, WOW and an ear out on Sundays for upcoming Team Atonement announcements. If there are any questions, talk to Tecia Ezzell and/or Tami Johnson!

We at Atonement Lutheran Church reach out with the good news of God's love through Jesus Christ.

As Christ's ministry includes everyone, we, too, welcome persons of any ethnicity, gender identity, race, sexual orientation, marital status, age, economic situation, and physical or mental ability.

We celebrate the gifts each one brings to the life and ministry of this community of faith.





# Income/Expense Snapshot...Atonement Lutheran Church ~ April 2015

## General Fund

	Current Year		Previous Year	
	<u>Actual</u>	<u>Budget</u>	<u>Actual</u>	<u>Budget</u>
<b>INCOME</b>				
Members Offerings	\$63,136	\$60,633	\$62,880	\$58,950
Grants	\$2,356		\$150	
Room Rents	\$3,900	\$3,900	\$9,266	\$4,750
Dedicated Fund Transfer	\$0	\$9,200	\$9,786	\$9,000
<b>Total Income</b>	<b>\$69,392</b>	<b>\$73,733</b>	<b>\$78,082</b>	<b>\$72,700</b>
<b>EXPENSES</b>				
Pastoral Compensation	\$23,530	\$23,530	\$23,530	\$23,530
Pastoral Benefits	\$9,801	\$11,074	\$11,978	\$12,099
Pastoral Expenses	\$1,384	\$1,287	\$950	\$1,520
Staff Compensation	\$11,235	\$15,200	\$12,918	\$16,650
Staff Benefits		\$120	\$70	\$166
Staff Payroll Cost	\$2,145	\$2,333	\$2,007	\$2,200
Worship & Music	\$781	\$686	\$1,204	\$1,462
Education	\$40	\$500	\$239	\$236
Youth	\$0	\$216	\$10	\$150
Outreach/Hospitality	\$322	\$527	\$326	\$804
Social Ministry	\$505	\$667	\$1,412	\$1,120
Stewardship	\$0	\$475	\$0	\$0
Health Ministry	\$0	\$200	\$0	\$200
Parish Life	\$243	\$450	\$2,112	\$233
ELCA Mission Support	\$500	\$2,000	\$4,000	\$4,000
General/Administrative	\$3,909	\$4,342	\$5,188	\$3,807
Facility Expenses	\$6,782	\$7,874	\$6,547	\$8,300
Insurance	\$3,523	\$2,733	\$2,735	\$2,733
	\$64,700	\$74,214	\$75,226	\$79,210
<b>INCOME LESS EXPENSE</b>	<b>\$4,692</b>	<b>(\$481)</b>	<b>\$2,856</b>	<b>(\$6,510)</b>

## Endowment Account

	<u>Monthly Activity</u>	<u>Investment Account</u>	<u>General Endow</u>	<u>Scholarship</u>	<u>Memorial Gardens</u>	<u>Organ Upkeep</u>
<b>Balance @ 3/28/15</b>		\$75,948	\$27,898	\$23,100	\$10,494	\$14,456
March	\$1,864	\$1,864 (\$545)	\$685	\$567	\$258	\$354 (\$545)
<b>Balance @ 3/31/15</b>		<b>\$77,267</b>	<b>\$28,583</b>	<b>\$23,667</b>	<b>\$10,752</b>	<b>\$14,265</b>

## Capital Fund

	Current Year		Previous Year	
	<u>Actual</u>	<u>Budget</u>	<u>Actual</u>	<u>Budget</u>
<b>INCOME</b>				
Rental Income	\$33,580	\$33,580	\$33,820	\$33,580
<b>EXPENSES</b>				
	\$13,302	\$22,478	\$21,855	\$21,850
<b>INCOME LESS EXPENSE</b>	<b>\$20,278</b>	<b>\$11,102</b>	<b>\$11,965</b>	<b>\$11,730</b>





## From the Pastor . . .



Pastor  
Ed Milliken

Dear Friends in Christ,

"**Grace** and **peace** to you from God our Father and from our Lord and Savior, Jesus Christ. Amen."

Those are words that St. Paul used at the beginning of virtually every one of his letters in the New Testament. No matter how much of a hurry he was in to get to the main point of his letter, he first began by noting the *grace* and *peace* which is ours as a gift of God through Jesus Christ. You may wonder why. Well, it is because *grace* and *peace* are the very best things he and God have to offer God's people.



The world we live in does not, for the most part, understand or appreciate such things. We live in a conditional world, a world which says, "You scratch my back and I'll scratch yours." We live in a world that teaches us that you get what you deserve, you get what you earn in this life.

But Paul knew better. At one time he was "Public Enemy # 1" of the early Christian church. As he himself put it: "*For you yourself have heard of my former manner of life, how I used to persecute the church of God beyond measure and tried to destroy it*" (Gal. 1:13). Paul ravaged the early church, entering house after house and dragging men and women off to prison or even death (Acts 8:3).

It was on one of these "round-ups" that Paul's life was changed forever. On the road to Damascus he received a vision of the risen Jesus who enlisted Paul to become a follower and an evangelist. When it seems like Paul deserved nothing from God, indeed while he was still acting violently against God and God's church, God instead gave him grace. As Paul later wrote, "*For I am the least of the apostles, not fit to be called an apostle because I persecuted the church of God. But by the grace of God I am what I am and his grace toward me did not prove in vain*" (1 Cor. 15:9-10).

This was a lesson Paul never forgot. "By grace we are saved," became his primary message to the world. By grace: no questions asked, no conditions laid down, no qualifications required, no strings attached. God loved him – even when he was an enemy – and by grace God saved him, brought him into the kingdom, and filled him with peace.

This grace and peace is yours and mine as well! God loves us – you and me – not because we are worthy of that love, not because we are good people, not because we are loveable. God's love for us is a free gift. God loves us "warts and all" and calls us into the kingdom of his grace and peace.

God's grace, the free gift of his love and mercy, acceptance and forgiveness, is the very best gift

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## Estate Planning Presentation



June 28<sup>th</sup> at 1:30pm  
(Fellowship Hall)

On Sunday, June 28, Health Ministry and Stewardship will sponsor a seminar about estate planning and charitable giving topics. Our speaker will be Leanne M. Bowker, an attorney in Portland who is a partner at Harris and Bowker, LLP. She may practice in both Oregon and Washington.

Leanne has extensive experience in areas of estate and business planning, probate and real estate. A native Oregonian, she is a graduate of Walla Walla College and of Lewis and Clark law school. She speaks frequently about estate planning issues and will help us ponder both legal and practical concerns as we make our financial decisions. She will offer suggestions that can help us as we create or change our estate planning decisions. She will be available for questions during her presentation and some individual discussion afterwards. A signup sheet will be provided on the bulletin board for private individual appointments.

Please plan to participate in our potluck, immediately following the second service. Leanne's presentation will begin at 1:00 p.m. This is an ideal program to share with friends and family members.

## Adult Forum News ... by Pastor Ed

The adult forum is in hiatus for the summer and will resume on September 6<sup>th</sup>. Pastor Ed is always looking for your ideas as to what you would like to see happen during the adult forum. If you have any ideas or suggestion, please let him know.

### from the Pastor . . . ( continued from page 3 )

that God has to give his people. And it is also the very best gift that we, as God's people, have to share with the world around us. In a graceless world, our message of love freely given is one that is powerful and transforming.

Know that you are a precious and beloved child of God. In Jesus Christ, God has poured out upon you the riches of his grace and peace. Take that good news to heart. Live in it. Trust in it. Let it transform your life. And then, share it, spread it around. "And the grace and peace of God which passes all understanding will keep your hearts and minds in Christ Jesus" (Phil. 4:7). Amen.

*Pastor Ed Milliken*



Rhonda Harman ~ Director of Family Ministry

## Family Ministry/Education News



Change happens because either something changes beyond our control, like death or disease or because we made a conscious choice to change. Regardless of the reason, change is about the journey as much as the destination. Change requires determination, courage and stamina.

What is it anyway? Change is stress full. Ellen Langer says, "Stress is a function of the views we take of events, not the events themselves." Professor Psychology at Harvard.

If change creates suffering, do not trivialize it. Each of us need to process grief slowly and complete especially at our own speed and methodology.

Psychologists also tell us if we do something consistently for a period of 21 days the change develops into memory and becomes habit. Even if we don't like what we are doing but know we will be better for it.

This is courage. Have you heard this one? Whether you think you can or you think you can't you are right!

Why do we resist change? Is it because change is hard? Change can be the unknown. Fear of the unknown can be scary. So scary we might choose to hang on to unhealthy behaviors. Maybe we think change will ruin us. It certainly can rock our comfort zone. What are the consequences with and without change? Change can stimulate conflict. Change can cause our friends and family grief and

consternation. Go slow. Breathe deeply and close your eyes when you go through the difficult times. It takes time to change and it takes time to make changes. Be realistic.

Something about being human seems to crave order in order to achieve a sense of balance or even status quo. To survive and thrive I think it's best to not only be resilient but not worried about loss of control. This is hard for us because we want to feel in control. One of my favorite songs is: Jesus Take the Wheel".

Another aspect or challenge to change is denial. We don't want to admit we can't do something like we used to. Even simply getting older. Or how about going through a loved one's death or illness requiring treatment and all the demands and heart ache that go with it.

How can we do that? We need to understand a little bit better about what is required. We need to be kind to our self and allow for a transition period not to be overwhelmed. Sometimes anger is a part of the journey process. We need to be able to adapt. Keep it simple with baby steps through this period. Ask forgiveness when necessary.

Morning Prayer and meditation and or yoga will not only become a tribute to your own peace of mind but more importantly glorify God. Asking God for help will make prayer indispensable. God will provide incredible reinforcement in amazing, unimaginable ways. "Devote yourselves



## WELCA Meeting ... by Jean Amundson



The WELCA group meets monthly for Bible study, fellowship, and treats. Our next meeting will be held on Wednesday, June 17<sup>th</sup> at 12:30pm in the narthex.

The topic this year is "Transforming Life and Faith".

**Refreshments will be served... All are Welcome!**

## Kayak Trips ~ Beaver Creek ... by Rhonda Harman



We Are Planning Kayak Trips to be scheduled mid June thru Labor Day. If you would like to go, be sure to sign-up on bulletin board sheet ...immediately. The dates are yet to be determined. It is a 2 hour trip (on the water), a very gentle and relaxing experience. We will meet at 8:00am ...Ona Beach State Park and we will be headed home by noon. For more information, contact Rhonda Harman at the church office.

## Family Ministry ... ( continue from page 5 )

to prayer keeping alert in it with thanksgiving. At the same time pray for us as well that God will open to us a door for the word..." Colossians 4:2-3. We must be quiet and listen to receive internal reinforcements. We must be watchful and open even to "off the wall" reinforcement. Listen for the "still small voice". Take a look in your rear view mirror by reading your journal. This is another effective way of reinforcing yourself! Reward yourself throughout the journey. If you are doing something you don't like to do but you know the end product will make you happy, think about that while you are doing it! I think I remember that I used to love to smoke. Now I am not sure if I really loved it or it was a lousy habit. That was 32 years ago and among the hardest, yet one of the best things I have ever done!

As with all the hard parts in life, like change, with the right attitude and process in mind allow the journey to become the doorway to a more confident and graceful self. Yes, Lord I am listening! Yes, I can do this! Yes, I can face this! Yes, I can do all things through Christ who strengthens me! Phillipian's 4:13

The goal needs to be clear before it is achievable. Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your request be known to God. Phillipians 4:6

With God all things are possible! Mathew 19:26

*Rhonda Harman*



Donna White ~ Director of Evangelism

## Evangelism ... The Gifts of the Spirit



Surveying the list of new members and friends who have blessed us with their commitment to Atonement this year and even these past years, I am again left humbled by the many gifts they bring us. This has left me thinking once again about the phenomenon of the revolving door that is the church in America today.

When I began formally greeting visitors, it soon became apparent that most of them lived somewhere else. Our interest centered on creating a welcoming experience for these people. The precious local visitors were few and far between, at least by comparison. While visitors these days who live in the area still do not outnumber those from elsewhere, they are noticeably greater in number. This has brought us joy, because it is natural to enjoy sharing with others something which we find to be a great thing. This is life at Atonement.

Whenever a person commits to becoming family or friend, we rejoice. Many hands make light work, and many hands are required for the countless tasks we work on here. But just as your body must replenish the water which evaporates from your skin every day, so must we continually replenish our supply of new members, because our membership is very mobile! People sometimes relocate to be nearer family, where once family was apt to live nearby. They move all over the country and even the world to pursue new or different jobs, or sometimes they move for reasons of health.

We very much love one another! I am inspired by the gifts people share with us, from making food, working and meticulously cleaning the coffee kitchen, to sewing banners or singing, from preparing communion to serving at potlucks, from helping keep our grounds beautiful to doing the various office tasks, or from serving on a hardworking committee to giving their time and skills as a church council member. This is a small part of the list. It is the working together on such tasks which helps create community.

Treasure each other. Appreciate this precious time at Atonement, for sooner or later, we must move on. However that happens, we mourn, but move on we must. Whether an aging member or a younger member, and no matter how well we have known each other, my point is to love one another while you are here. Get to know someone you don't know very well, for, except in memory, they will not be among us forever. Enjoy each other's gifts. Discover someone's history and the story they bring, for we are enriched by each other.

Donna White



## Property Committee ... by Mary Lou Mate



## Room Rental

Our church facilities/rooms on the lower level are available for rent...short term events (parties, meetings, weddings) or long term if needed. Please, check with our office for available dates and time.

Phone# 541-265-2554

E-mail: office@atonementlutheran.com

## Rummage Sale ... by Mary Lou Mate



### Big News!! We are having another sale!

*Atonement Rummage Sale is happening on August 22<sup>nd</sup>.*

Please help by donating. You can bring in your items starting right now....leave your donations outside the youth room door. If you need help, please contact us to arrange a pick up.

Questions? Call Mary Lou Mate (541-265-7409) or Marian Brown (541-265-8664)

*More information will be coming*

## Nursery Spring Cleaning ... by MaryLou Mate & Marian Brown



June 1st @ 9:00am

Join the fun and conversations while we spring clean the nursery. We want to make sure it is a good place for our little ones. THIS is not hard labor by any means!

Please come to help and enjoy the company along with the coffee and goodies too.  
See you there!



### Mark Your Calendars

Samaritan House Benefit Opportunities

- ♦ Garden Gayla Friday, June 26th. Includes dinner. Tickets are \$50.00
- ♦ Secret Garden Tour will be in the Waldport area, Sunday June 28th. Tickets are \$25.00. Tickets may be purchased at Samaritan House Homeless Shelter at 715 SW Bay St. or through a Samaritan House board member.

Thank you for your continued support.

Lola Jones, Director

Samaritan House Homeless Shelter



# June 2015



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>National Safety Month</b></p> 	<p>1 Office Closed 1:00pm Prayer/ Bible Study 5-7:00pm Weight Watchers (FH) 6:30pm Parish Life</p>	<p>2 2:00pm Staff Mtg 6:30pm Early Risers 7:30pm Chancel</p>	<p>3 </p>	<p>4 8:00am Men's Bible Study Breakfast at Fish Tails <b>Corpus Christi</b></p>	<p>5 12:00pm First Friday Brunch @ Fish Tails</p>	<p>6 8:00-11:30am Weight Watchers Mtg (FH)</p>
<p>7 8:00am Worship 9:30 am Ed Mtg 11:00am Worship</p>	<p>8 Office Closed 1:00pm Prayer/ Bible Study 5-7:00pm Weight Watchers (FH) 6:00pm Property</p>	<p>9 2:00pm Staff Mtg 5:30pm Social Ministry Mtg 6:30pm Early Risers 7:30pm Chancel</p>	<p>10 4:00pm Finance 6:15pm HMT</p>	<p>11 8:00am Men's Bible Study Breakfast at Fish Tails 4-9pm OCQG (FH)</p>	<p>12 8:00am-5:00pm OCQG (FH) <b>School is out!</b></p>	<p>13 8:00-11:30am Weight Watchers Mtg (Ed Rm)</p>
<p>14 8:00am Worship 9-12 Blood Pressure 11:00am Worship 12:15pm Worship &amp; Music Mtg <b>Flag Day</b></p>	<p>15 Office Closed 1:00pm Prayer/ Bible Study 5-7:00pm Weight Watchers (FH)</p>	<p>16 2:00pm Staff Mtg 6:30pm Early Risers 7:30pm Chancel</p>	<p>17 12:30pm WELCA 7:00pm Council</p>	<p>18 8:00am Men's Bible Study Breakfast at Fish Tails  <b>Int'l Picnic Day</b></p>	<p>19</p>	<p>20 8:00-11:30am Weight Watchers Mtg (FH)</p>
<p>21 <b>Father's Day</b> 8:00am Worship 11:00am Worship <b>Summer Solstice</b></p>	<p>22 Office Closed 1:00pm Prayer/ Bible Study 5:00pm Stone Soup @ St Stephens 5-7:00pm Weight Watchers (FH)</p>	<p>23 <b>WAVES Deadline</b> 2:00pm Staff Mtg 6:30pm Early Risers 7:30pm Chancel</p>	<p>24 6:00pm Church BBQ (FH)</p>	<p>25 8:00am Men's Bible Study Breakfast at Fish Tails</p>	<p>26</p>	<p>27 8:00-11:30am Weight Watchers Mtg (FH)</p>
<p>28 8:00am Worship 11:00am Worship 1:30 Estate Planning Presentation (FH)</p>	<p>29 Office Closed 1:00pm Prayer/ Bible Study 5-7:00pm Weight Watchers (FH)</p>	<p>30 2:00pm Staff Mtg 6:30pm Early Risers 7:30pm Chancel</p>		<p><b>Men's Health Month</b> </p>		

**Peace Village** is scheduled July 13<sup>th</sup> to 17<sup>th</sup>, 2015 at First Presbyterian Church. Mark your calendar now. See Rhonda if you have questions.





# Worship Page

## Worship

## Readers

## Altar Guild

## Musicians

7	8:00 a.m. 11:00 a.m.	_____ Dean Hill	MaryLou Mate Marian Brown	Marian Brown Marian Brown
14	8:00 a.m. 11:00 a.m.	Rhonda Harman Terri Homer	Alice McClellan _____	Jerryann Olson Jerryann Olson
21	8:00 a.m. 11:00 a.m.	_____ Donna White	Marian Brown Marian Brown	Tami Johnson Tami Johnson
28	8:00 a.m. 11:00 a.m.	Jean Amundson Terri Homer	MaryLou Mate Marian Brown	Marian Brown Marian Brown



Peter Kraack	6/1	Steve Johnson	6/22
James Rolph	6/1	Donna Bowman	6/26
Rick Backman	6/6	Paul Stangeland	6/29
Robert Gilman	6/11		
Colin Milliken	6/12		
Kyle Milliken	6/12		
Barbara Wilson	6/12		
Charles Moody	6/13	Ken & Sonja Wiley	6/27
Bonnie Powell	6/17		



7	_____
14	_____
21	Dietmar & Linda Goebel (Arieannah Birthday)
28	Bonnie Powell

7	Paul Stangeland & Linda Kilbride
14	Linda Kilbride & Bob Olson
21	Bob Olson & Terry Homer
28	Terri Homer & John Stern

## Social Ministry Committee

### Food for Food Share Program ... by Terri McCulley



for all the support we have received for this program. Anything is welcome and helpful, but this month we will focus on **Tuna** to try to "fill the barrel" again.

## Monthly Events

### Stone Soup ... June 22<sup>nd</sup>

We host the Stone Soup Kitchen at St. Stephens Church, for those who need a meal. If you are able to help, there will be a sign-up sheet on bulletin board in the Narthex (usually by 3rd week of the month).

### Randy's Reed & Feed ...

On hiatus ... June thru August. The next schedule event will be September 24<sup>th</sup>.



## Reminder...



### Flower Chart Signup...

Providing flowers is a great way to remember birthdays, anniversaries and special events.



### Monthly Setup/Cleanup/Snacks

Please sign up on any open dates. Sign-up sheet located on bulletin board... We appreciate your time and effort!

## Prayer & Bible Study

Please join us on Monday afternoons each week for prayer and bible study.  
1:00pm—3:00pm in Narthex

## First Friday Lunch Bunch

June 5<sup>th</sup> 12:00am @ Fish Tails

Please call or e-mail office if you are able to attend.



**ATONEMENT LUTHERAN CHURCH**  
2315 NORTH COAST HIGHWAY  
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Fax: 541-265-2571  
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**Return Services Requested**



## Reaching Out with God's

### *Reminder...*

1<sup>st</sup> Church BBQ  
June 24<sup>th</sup>  
@ 6:00pm



Samaritan House Benefit  
June 26<sup>th</sup> & 28<sup>th</sup>



*Welcome  
to Our  
Church*

Audio  
Worship Services  
& Calendar  
on website



Sign-Up...Kayak trips now!



**Food Pantry**

Fill our Food Barrel  
This Month: Tuna